Obesity Prevention in the Early Years

Resources and Links

Policy:

Supplementary Reading:

Reimbursement & Coding:
- Counseling and or Risk Factor Reduction Invention

Risk Assessment:
- Rapid Eating Assessment for Patients (REAP) Questioner, *Institute for Community Health Promotion Brown University, Providence RI* 2005
  - [http://med.brown.edu/nutrition/](http://med.brown.edu/nutrition/)
- REAP Physician Key for Diet Assessment and Counseling, *Institute for Community Health Promotion Brown University, Providence RI* 2005
  - [http://med.brown.edu/nutrition/](http://med.brown.edu/nutrition/)
- WAVE Assessment and Recommendations Version 3/15/01
  - [http://med.brown.edu/nutrition/](http://med.brown.edu/nutrition/)
- *Who Growth Charts* Published by the Centers for Disease Control and Prevention Nov 2009
Provider Handouts:
- Creating a Lactation Friendly Practice Adapted from the Maine Obesity Primary Prevention Project

Parent Handouts
- Developmental Discoveries
- Baby Feeding Concerns for 0-18 months
- Health for a Lifetime
  - Health for a Lifetime-Tips for 0-5 months
  - Health for a Lifetime-Tips for 6-11 months
  - Health for a Lifetime-Tips for 12-23 months
  - Health for a Lifetime-Tips for 2-5 year olds
- Feeding Your Baby handout from Illinois Department of Human Services
- Breastfeeding Basics
- Breastfeeding “How Do I Get Started With Breastfeeding?”
- Tips for Breast Feeding Moms
- Food “Getting Started with Solid Foods”
- Eating “Me Don’t Want It”
- Eating Right and Being Active Are Easy as 5, 4,3,2,1 go. From consortium to Lower Obesity in Chicago Children (CLOCC) English & Spanish
- Water Intake for Children Fact Sheet
- Healthy from the Start article: “How Feeding Nurtures Your Young Child’s Body, Heart and Mind”. Published by Zero to Three
- “Feeding Children the Right Message” Checklist for feeding children

Resources:
- Resources for Providers
- Book Recommendations for Parents
- Resources for Parents