Bright Futures Guidelines for Health Supervision of Infants, Children and Adolescents Third Edition, sanctioned by the American Academy of Pediatrics, uses a strength-based approach to promote family-centered, coordinated care.

Bright Futures is a set of principles, strategies and tools that are theory-based, evidence-driven, and system-oriented, that can be used to improve the health and well-being of all children through culturally appropriate interventions that address the current and emerging health promotion needs at the family, clinical practice, community, health system and policy levels.

The Advocate Health Care Healthy Steps Program and the Illinois Chapter of the American Academy of Pediatrics (ICAAP), among others, have partnered to offer developmentally oriented continuing medical education (CME) opportunities to pediatricians, family physicians, nurse practitioners, physician assistants, nurses and practice staff.

Advocate Health Care is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Trainings are held on-site in medical offices, clinics and hospitals, and are geared toward the entire staff in order to facilitate a comprehensive team approach to patient care. In addition to CME credits, we offer resource materials and the opportunity for additional training and technical assistance. Participants will be able to:

• Discuss measurable implementation of Bright Futures core principles to the care of children and their families.
• Examine ways to use the Third Edition of the Bright Futures Guidelines for Health Supervision and the new Bright Futures Toolkit and strategies for implementation.
• Describe the importance of incorporating routine screening into practice for all children and become familiar with the use of specific screening tools promoted by Bright Futures.

Bright Futures series is available through the EDOPC Project and includes the following modules:

• Bright Futures Guidelines for Health Supervision and Tool and Resource Kit Linking Guidelines to Practice-1st in Series is an overview of the Bright Futures Guidelines and Tool and Resource Kit.
• Bright Futures Guidelines for Health Supervision Visits 0-11 months-2nd in Series.
• Bright Futures Tool and Resource Kit Visits 0-11 months-3rd in Series
• Bright Futures Guidelines for Health Supervision Visits Early Childhood 1-4 years-4th in Series
• Bright Futures Tool and Resource Kit Early Childhood Visits 1-4 years-5th in Series
• Bright Futures Guidelines for Health Supervision 5-10 years-6th in Series
• Bright Futures Tool and Resource Kit 5-10 years-7th in Series