FAST ACTING (Novolog/Humalog/Fiasp/Admelog/Apidra) INSULIN CALCULATIONS

Correction Dose =

Blood sugar _____ - (target) _____ = _____ ÷_____ = _____ units for correction dose

Food dose =

Amount of carbs _____ ÷_____ =_____ units for food dose

Correction dose _____ + Food dose_____ =_____ total insulin dose

Snack dose if within 2 hours of last Insulin Dose = Food Dose only

Food dose = Amount of carbs _____ ÷ _____ = _____ units

Snack dose if Insulin given more than 2 hours = Food Dose & Correction Dose

Correction Dose =

Blood sugar _____ - (target) _____ = _____ ÷ _____ = _____ units for correction dose

Food dose =

Amount of carbs _____ ÷_____ =_____ units for food dose

Correction dose _____ + Food dose _____ = _____ total insulin dose

Snack dose if within 2 hours of last Insulin Dose = Food Dose only

Food dose = Amount of carbs _____ ÷ _____ = _____ units

Snack dose if Insulin given more than 2 hours = Food Dose & Correction Dose

Correction Dose =

Blood sugar _____ - (target) _____ = _____ ÷_____ =_____ units for correction dose

Food dose =

Amount of carbs _____ ÷ _____ =_____ units for food dose

Correction dose _____ + Food dose _____ = _____ total insulin dose

Once you have added them together, round to the nearest half unit.

- .00 - .24 = round down to 0 units   for example: 3.24 rounds down to 3.0 units
- .25 - .74 = round to 0.5 unit   for example: 5.3 rounds to 5.5 units
- .75 - .99 = round to 1 unit   for example: 6.81 rounds to 7 units